

**AN INVESTIGATION ON EFFECTIVE STAFF MOTIVATION AND ITS EFFECTS
ON WORK OUTPUT IN AFRICAN POPULATION HEALTH AND RESEARCH
CENTRE**

(A Case Study of African Population Health and Research Centre)

BY

NANCY MWENDE MATELI

L123/10220/2007

**(A research project submitted in partial fulfillment of the requirements for the award of
Diploma in Business Management of the University of Nairobi)**

JUNE, 2009

DECLARATION

This project is my original work and has never been submitted for examination in this or any other institution.

NAME: NANCY MWENDE MATELI

SIGNED: 

DATE: 3/7/2009

REGISTRATION NUMBER: L123/10220/2007

This research has been submitted for examination with my approval as the research supervisor University of Nairobi.

NAME: MS. MARY MBII

SIGNED: 

LECTURER

DATE: 3/7/09

ABSTRACT

This research project was carried out to investigate on effective staff motivation and its effects on work output in African Population Health and Research Centre.

The main objective was assessed on the impact of effective motivation and how it affects work output of the organization.

The study is comprised of five chapters, with the first one focusing on general introduction and background of the problem. It also covers statement of the problem, objectives of the study, research questions, scope and limitation of the study.

The second chapter is mainly based on the literature review, while the third one focuses on the research methodology. Here, the research design and method of study are well explained, as well as data collection instruments and methods.

The fourth chapter deals with data analysis and presentation, where major findings of this study are discussed and highlighted. Some of the findings were that equitable pay does not influence motivation more in the centre while better working conditions motivates the workers 100% as well as fringe benefits. It was also noted that performance increases if the employees are motivated. And finally, chapter five sets out the major conclusions that include; motivated employees perform better than the ones not motivated hence increases the growth of the centre. Fringe benefits seem to be the largest motivator and the workers feel that they need to be considered in promotion after training.